

# Blist-O-Ban®

Helps prevent blisters and hot spots before they start

It takes a blister to prevent a blister. That's the science behind Blist-O-Ban®. Its patented Blist-O-Ban dome glides smoothly in all directions, deflecting friction and shear forces away from the skin. Place the ultra-thin Blist-O-Ban over any hotspots, blisters or injury prone areas.

A study funded by the National Institute of Health demonstrated this new technology to be significantly more effective at reducing friction than ten other commonly used products. Temple University School of Podiatry performed a study involving 100 subjects who walked 20 miles in warm rainy conditions. These walkers developed 5 times more blisters in areas not protected by the Blist-O-Ban. Field-tests involving special operations soldiers and competitive athletes also confirmed these laboratory studies.



## FEATURES AND BENEFITS

- Gliding dome reduces shear and friction and helps prevent blisters, helps prevent skin breakdown, and helps reduce pain
- Ultra-thin edge prevents rolling
- Hypoallergenic and latex-free
- Breathable/perforated to allow moisture and vapor transmission
- Multi-day protection
- Medical-grade adhesive
- Water resistant

## TECHNICAL DATA

- Small Overall Dressing Size: 1.00 x 2.88in. Dressing Pad Size (diameter): 0.63in.
- Medium Overall Dressing Size: 1.50 x 2.63in. Dressing Pad Size (diameter): 1.00in.
- Large Overall Dressing Size: 2.00 x 3.25in. Dressing Pad Size (diameter): 1.40in.
- Acrylic adhesive
- Polyethylene and Polyurethane films

## PUBLICATIONS

**Efficacy of a New Blister Prevention Plaster Under Tropical Conditions;** Shani Sian-Wei Tan, MB, BS, FRCA, FAMS; Swee Kuan Kok, BSc; Jeremy Khim Yong Lim MB, BS; Wilderness and Environmental Medicine, 19, 77 81, 2008.

## PRESS

**New York Times - May 2008**

**At Trail's End, There's Nothing Like Happy Feet**

"This was my favorite," said Ms. Garofalini. "It completely halted any progress and cured" a developing blister, she said, adding that it was "easy to apply, undetectable while walking and stayed put perfectly."

## ORDERING INFO

Part Number	Description	Case Size
BO13080-S	6-Pack of Bandages - Small	70 pkgs/case
BO13080-M	6-Pack of Bandages - Medium	70 pkgs/case
BO13080-L	6-Pack of Bandages - Large	70 pkgs/case
BO13080-V	6-Pack of Bandages - Variety 2 of each size	70 pkgs/case
BO13080-100S	100 Count Box - Small	4 boxes/case
BO13080-100M	100 Count Box - Medium	4 boxes/case
BO13080-100L	100 Count Box - Large	4 boxes/case

ISO 13485:2003



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